

## SMALL PLATES

**HUNGRY FOR A CHEEKY STARTER? LOOKING FOR A PLATTER TO SHARE? OR VISITING FOR A QUICK LUNCH BITE? YOU'VE COME TO THE RIGHT PLACE**

4 Plates 16.99  
3 Plates 13.99



**Crispy Calamari Strips**  
In panko crumb with hot sweet & sour sauce 233kcal 6.49

**Breaded Mushrooms**   
With garlic mayo dip 408kcal 5.49

**Nachos**   
Loaded with guacamole, salsa, sour cream, jalapeño relish and topped with cheese, jalapeños and spring onions 644kcal 5.49 **Vegan option available**

**Add Barbacoa** +768kcal 6.99

**NEW RECIPE Garlic Bread**   
Fluffy pitta bread brushed with garlic glaze 317kcal 4.99

**Add Cheddar cheese** 415kcal +1.00

## NEW Harvester Tacos

2 tacos with a sage & onion ranch dressing, pink pickled onions, crispy onions and spring onions served with slaw and a topping of your choice:

**Beef Barbacoa** 303kcal 6.49  
**Grilled Halloumi** 336kcal 6.49  
**Crispy Cod** 381kcal 6.49  
**Garden Gourmet** 257kcal 6.49  
Pulled chicken-style pieces

**TACOS TO THE MEX**  
3 tacos with chips   
All under 1200kcal for 9.99  
**SERVED UNTIL 5PM**

## NEW Crispy Chicken Fries

With a sauce of your choice: 305kcal 5.99  
Satay\* 62kcal

**Hot Sweet & Sour** 51kcal

**Charred Cayenne & Maple** 38kcal

## Halloumi Fries

With chunky tomato salsa 495kcal 6.49

## NEW Crispy Tempura King Prawns

With hot sweet & sour sauce 324kcal 6.49

## NEW Cheddar & Jalapeño Doughnuts

Cheese and jalapeño filled crispy breaded doughnuts with charred cayenne & maple sauce 485kcal 5.99

## NEW Loaded Hummus

Hummus loaded with corn and black bean salsa, pink pickled onions, crispy onions and chilli 767kcal 5.99

## Prime Chicken Wings

With a sauce of your choice: 350kcal 6.49

**BBQ** 91kcal

**Hot Honey** 114kcal

**Peri-Peri** 137kcal

**THERE'S A NEW CORN ON THE BLOCK**

## NEW Hot Honey Drizzled Corn Bread

Crispy Cheddar and mozzarella corn bread drizzled with hot honey and sprinkled with spring onions, fresh chilli and pea shoots 418kcal 4.99

## GRILLS & COMBOS



## SUPREME FLAVOUR FAN SHARER

### NEW The Ultimate Rib Roundup

A hearty feast for true grill lovers: half of our succulent rotisserie chicken, a half rack of BBQ glazed ribs, a tender short beef rib and a Cheddar & jalapeño sausage paired with charred corn & black bean salsa and pink pickled onions. Served with sage & onion seasoned chips, our new hot honey drizzled corn bread and hot slaw 3769kcal 49.99

## FLATBREADS

SERVED UNTIL 5PM

Our soft, open flatbreads are layered with slaw, pink pickled onions, sage & onion ranch dressing, a sprinkling of crispy onions and finished with a topping of your choice, all served with chips on the side

**Chargrilled Chicken** 972kcal 9.99

**NEW Chicken Tikka** 1210kcal 9.99

**Grilled Halloumi** 1153kcal 9.99

**8oz\* Rump Steak** 1204kcal 11.99

**NEW Garden Gourmet**   
Pulled chicken-style pieces 911kcal 9.99



**CHEF RECOMMENDED MEDIUM RARE**

## BURGERS

Served in a toasted brioche-style bun with baby gem lettuce, tomato and chips

### NEW RECIPE The Dirty One

Just got dirtier! 6oz\* beef burger, onion rings and hash brown topped with a sweet dill pickle, cheese sauce & jalapeño sauce

**Single** 1457kcal 16.49

**Double** 1887kcal 18.99

### NEW RECIPE The Dirty Bird

Our new look Dirty Bird! Two southern-fried chicken breast fillets, a hash brown, with oozing cheesy Cheddar & jalapeño bites

**Double** 1412kcal 16.49

**Triple** 1589kcal 18.99

### NEW The Beyond

Beyond Burger® smash patties, topped with a Cathedral City® plant-based slice, onion rings, hash brown and topped with dill pickle & burger sauce

**Single** 1579kcal 16.49

**Double** 1914kcal 18.99

### ♥ FLAVOUR FANS' FAVE

#### The Southern-Fried

Southern-fried chicken breast fillets with melted Monterey Jack cheese, back bacon and BBQ sauce

**Double** 1208kcal 15.99

**Triple** 1385kcal 18.49



### Mixed Grill

Quarter portion of rotisserie chicken, 4oz\* rump steak, half a gammon steak, a pork sausage, a fried free-range egg, black pudding, chips, garden peas, tomato, flat mushroom and onion rings 1513kcal 20.49 **UPGRADE TO THE ULTIMATE MIXED GRILL**

All the goodies from the Mixed Grill, plus an extra 4oz\* of rump steak, half rack of BBQ-glazed ribs, and an extra pork sausage, fried free-range egg and black pudding 2458kcal +5.50

**UPGRADE TO A HALF ROTISSERIE CHICKEN** +154kcal +3.49

### ♥ FLAVOUR FANS' FAVE

#### The Triple Combo

Quarter portion of rotisserie chicken, a southern-fried chicken breast and a Cajun chicken breast. With sage & onion seasoned chips, our new hot honey drizzled corn bread and speciality chicken gravy 1223kcal 17.99

### 7oz\* Gammon

With grilled pineapple and a fried free-range egg, chips, garden peas, tomato and onion rings 1159kcal 13.99

**UPGRADE TO 14oz\* GAMMON** +1363kcal 17.49

## BALANCED BOWLS

SERVED UNTIL 5PM

Crafted for maximum flavour and healthier choices, this salad offers 3 of your 5 a day, is rich in vitamin C and folate and comes in at 800 calories or less! A base of baby gem lettuce, curly kale, red onion, rice, peppers, tomato, charred corn & black bean salsa, slaw, spring onion and red chilli, all tossed in a low-fat vinaigrette, with your choice of:

**Chargrilled Chicken Breast** 412kcal 12.99

**Chicken Fries** 586kcal 12.99

**Grilled Halloumi** 772kcal 12.99

**8oz\* Rump Steak** 644kcal 14.99

**NEW Garden Gourmet**   
Pulled chicken-style pieces 351kcal 12.99

**CHEF RECOMMENDED MEDIUM RARE**

## PERFECT WITH A FIVE-STAR SIDE

### NEW Pulled Barbacoa

6oz\* beef burger topped with pulled beef Barbacoa, Monterey Jack cheese and burger sauce

**Single** 1261kcal 15.99

**Double** 1691kcal 18.49

### NEW Chipotle Rainbow

Chipotle Rainbow burger topped with onion rings, nacho cheese sauce and sage & onion ranch dressing

**Single** 1242kcal 13.99

**Double** 1391kcal 16.49



### The Beef Classic

6oz\* beef burger topped with melted Monterey Jack cheese, back bacon and burger sauce

**Single** 1117kcal 13.99

**Double** 1547kcal 16.49

### The Chicken Classic

Chicken breast topped with melted Monterey Jack cheese, back bacon and burger sauce

**Single** 1046kcal 13.99

**Double** 1222kcal 16.49

## MIX 'N' MATCH YOUR FLAVOURS

Customise your main: choose the perfect cut + accompanying sauce that best suits your taste buds



## CHARGRILLED SKEWERS

**DOUBLE UP YOUR SKEWER** +5.00

Savour a freshly grilled skewer, loaded with red peppers, sweet white onion and basted in one of our mouth-watering signature sauces. Served with a warm, soft flatbread, rainbow slaw, and golden crispy chips

### CHOOSE YOUR CUT

**Chargrilled Chicken** 1053kcal 15.49

**Grilled Halloumi** 1397kcal 15.49

**Beef** 1148kcal 17.49

**Pork Belly & Chorizo** 1459kcal 17.49

### CHOOSE YOUR SAUCE

**Hot Honey** 114kcal

**BBQ** 91kcal

**Hot Sweet & Sour** 51kcal

**Peri-Peri** 137kcal

**Satay** 62kcal

## SIGNATURE HALF ROTISSERIE CHICKEN

Half a British Red Tractor Assured rotisserie chicken, expertly seasoned with our signature spiced rub. Basted in your favourite sauce and served with our new hot honey drizzled corn bread and golden crispy chips 983kcal 14.99

### CHOOSE YOUR SAUCE

**Hot Honey** 114kcal

**BBQ** 91kcal

**Hot Sweet & Sour** 51kcal

**Peri-Peri** 137kcal

**Speciality Chicken Gravy** 29kcal

### DID YOU KNOW?

All our rotisserie chicken is British Red Tractor Assured and freshly cooked no matter what time you visit us.



## DON'T MISS OUT

Looking for something special? Why not pair your main with a **FIVE-STAR SIDE**?



## FIVE-STAR SIDES ★★★★★

Now you've nailed your choice of main, compliment it with a deluxe side for that **ULTIMATE FLAVOUR EXPERIENCE**

### Prime Chicken Wings

With a sauce of your choice: 350kcal 6.49

**BBQ** 91kcal

**Hot Honey** 114kcal

**Peri-Peri** 137kcal

### Crispy Chicken Fries

With a sauce of your choice: 305kcal 5.99

**Satay** 62kcal

**Hot Sweet & Sour** 51kcal

**Charred Cayenne & Maple** 38kcal

### Half Rack Of BBQ Ribs

Glazed in BBQ sauce 315kcal 5.99

### Mac 'N' Cheese

Topped with Cheddar Cheese 302kcal 3.99

### NEW Hot Honey Drizzled Corn Bread

Crispy cheddar and mozzarella corn bread drizzled with hot honey and sprinkled with spring onions, fresh chilli and pea shoots 418kcal 4.99



## LOADED SIDES

Kick it up a notch with one of our extra indulgent, mouth-watering loaded sides - tailored to your liking

### CHOOSE YOUR SIDE

**Chips** 478kcal 3.99

**Mac 'N' Cheese** 224kcal 3.99

**Tasti Tots** 378kcal 3.99

**Onion Rings** 752kcal 3.99

### CHOOSE YOUR TOPPING

Enjoy your side as it comes without toppings or loaded with:

**Original** 120kcal +2.00

Topped with nacho cheese, bacon flavour bits and crispy onions

**Barbacoa** 199kcal +2.00

Pulled beef Barbacoa in BBQ sauce with pickled pink onions and crispy onions

**Chicken Gyros** 196kcal +2.00

Charred gyros, pink pickled onions and crispy onions with charred cayenne & maple sauce

**ALLERGEN INFORMATION** All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know before ordering.



FOR OUR UP-TO-DATE FULL NUTRITIONAL & ALLERGEN GUIDE SCAN HERE. CALORIES CORRECT AT TIME OF PRINTING.



**UPGRADE TO LARGE CHIPS** +99P 956kcal

**LOADED FRIES** +1.49 598kcal

**OR SWEET POTATO FRIES** +1.49 455kcal



## CHARGRILLED 21 DAY AGED STEAKS

Enjoy the perfection of our 21-day aged steaks, expertly paired with golden crispy chips, golden onion rings, fresh tomato, a flat mushroom, and garden peas

### CHOOSE YOUR CUT

**12oz\* Ribeye** 1761kcal 23.49

**BURSTING WITH FLAVOUR: MEDIUM**

**10oz\* Sirloin** 1553kcal 20.99

**FULL FLAVOURED: MEDIUM-RARE**

### CHOOSE YOUR SAUCE

**Peppercorn**\* 82kcal +1.99

**Beef Dripping Gravy** 157kcal +1.99

**Blue Cheese** 127kcal +1.99



## CHOOSE THE BEST SIDEKICK

Yes they all come with chips, but wouldn't you like to side like you mean it?

Check out our **FIVE-STAR SIDES** ★★★★★