## $\mathbb{K}\|\mathbb{D} \mathbb{S} \mathbb{P} \mathbb{A} \mathbb{R} \mathbb{Y} \mathbb{M} \mathbb{M} \mathbb{A} \mathbb{C} \mathbb{H} \mathbb{O}\| \mathbb{C} E$

## CHOOSEA MAIN, SIDES, DESSERT AND DRINK. DON'T FORGET ALL INCLUDES FREE UNLIMITED SALAD. <br> This menu choice and price includes all 4 items only as part of a pre-booked Birthday Party booking at site.

## 1. CHOOSE YOUR MAIN

## SMALLER BITES

FREE-RANGE SCRAMBLED EGGS ©
On wholemeal toast 174kcal
CHEESE \& TOMATO PIZZA
Topped with tasty tomato sauce and 4 cheeses 228kcal
CHICKEN BREAST STRIPS
Simple is sometimes best! 74kcal
FISH FINGERS $\dagger$
Three Birds Eye ${ }^{\circledR}$ omega 3 fish fillet fingers 258 kcal
SIMPLY PASTA (10) ,
With a yummy tomato sauce 238 kcal
VEGGIE FINGERS (1)
Three Birds Eye ${ }^{\circledR}$ Green Cuisine veggie fingers 167kcal

Smaller Bites is
recommended for under 6's

## BIGGER APPETITES

VEGGIE FINGERS (1)
Four Birds Eye ${ }^{\oplus}$ Green Cuisine veggie fingers 223kcal MINI BURGER
Choose either a beef burger 182 kcal or half a chicken breast 212kcal in a bun with lettuce and tomato CHICKEN BREAST GOUJONS
Strips of chicken breast in crispy breadcrumbs 132 kcal FISH FINGERS ${ }^{\dagger}$
Four Birds Eye ${ }^{\circledR}$ omega 3 fish fillet fingers 344 kcal CHICKEN BREAST
Simple is sometimes best! 176kcal
PASTA \& MEAT-FREE MEATBALLS Vo
Penne in tomato sauce with meat-free meatballs 344 kcal

## HARVESTER RECOMMENDS

## BBQ CHICKEN

Grilled chicken breast glazed in our BBQ sauce and topped with melted cheese 245kcal
ROTISSERIE CHICKEN
Quarter of our British Red Tractor Assured rotisserie chicken with our secret-blend rub 154 kcal
$40 z^{\#}$ RUMP STEAK
Grilled 21-day aged rump steak 204kcal $\mathbf{+ £ 1}$ supplement HALF RACK OF RIBS
Our slow-cooked ribs brushed with BBQ sauce for extra flavour $315 \mathrm{kcal}+£ 1$ supplement
HADDOCK FILLET ${ }^{\dagger}$
Hand-battered with a wedge of lemon 334kcal
CHILLI NON CARNE No
With meat-free mince, kidney beans, sweet potato and jackfruit 330 kcal

## 2. CHOOSE YOUR SIDES

## Pick 1 Side \& 1 Veg OR Pick 2 Veg

SIDES
Golden rice (10) 124kcal Jacket potato (10) 273kcal
Chips (10) 191kcal
Mash (1) 82kcal
Sweet potato fries (10) 202kcal

Heinz ${ }^{\text {® }}$ Baked Beans (vo no added sugar 50 kcal Corn Cob (10) 88kcal

Garden Peas Vo 67 kcal
Fresh Vegetable Sticks (to) , *, Pepper, cucumber and carrot batons 44 kcal

## 3. CHOOSE YOUR FREE DESSERT

FRESH FRUIT BOWL (10) , *
Fresh strawberries, blueberries, banana \& melon 110kcal
belgian chocolate brownie (o -
A mini portion of our Belgian Chocolate Brownie with chocolate sauce 284 kcal

PIP BERRY FRUITY SQUEEZER LOLLY (10) P
Made with piptastic organic strawberry, blackcurrant and apple and no added sugar 31kcal
BUILD YOUR OWN SUNDAE
Real dairy ice cream sundae with
a crispy cone. Just add your own chocolate fudge pieces, chocolate sauce, Oreo ${ }^{\circledR}$ biscuit crumb and mini marshmallows 337kcal

ALL OUR KIDS' DRINKS ONLY CONTAIN GOOD STUFF: YOU WON'T FIND ANY ADDED SUGAR, ARTIFICIAL COLOURS OR ARTIFICIAL FLAVOURINGS HERE.
FRUIT SHOOT®

## HELPING YOU MAKE BETTER CHOICES

= One of your 5-a-day. A portion of fruit or veg is based on a minimum 60 g serving size and 80 g edible pulp and $/$ or 150 ml pure fruit juice.
$\nu=$ Lower in sugar (desserts) contains at least $30 \%$ less sugar per 100 g compared to sugar content of all desserts with comparable components.
Our kid's main meals now contain no more than 1.7 g of salt and comply with Government Salt Targets for children.

[^0]
[^0]:    ALLERGEN INFORMATION: Our easy-to-use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include alt ingredients. If you have any questions, attergies or intolerances, please let us know before ordering.
    $\boldsymbol{0}=$ made with vegetarian ingredients, $\boldsymbol{C}=$ made with vegan ingredients; however, some of our preparation and cooking methods could affect this. If you require more information, please ask your server. \#Our fish has been carefully filleted however some small bones may remain. Any tips you're kind enough to give are kept by our team. All dishes are subject to availability. Photography is for illustration purposes only, *All weights stated are approximate and prior to cooking. OREO® is a registered trademark of Mondelez UK Limited. Heinz® is a registered trademark of H J Heinz Company Fruit Shoot $®$ is registered trademarks of Robinsons Soft Drinks Limited. Birds Eye $®$ is a registered trademark of Nomad Foods Europe Limited Our kids' menu is available for kids aged 12 years and under. Calories correct at time of print. Live nutrition information is available online. © Mitchells \& Butlers 2024

